

ELENA MOON PARK INVITES FAMILIES TO SLOW DOWN ON 'UNHURRIED JOURNEY' A JOYOUS AND WORLDY ALL-AGES ALBUM

On May 29, world traveling musician **Elena Moon Park** illustrates what a free spirited world sounds like on her first self released family album *Unhurried Journey*. The 16 song collection encourages listeners of all-ages to slow down and appreciate each moment, finding the joy in the journey.

Park has spent the last 8 years traveling and playing music with artists all across the globe. In that time she met and collaborated with some amazing talents and found inspiration in everything she encountered. She brings all of this to *Unhurried Journey*, a stunningly unique vision from an artist who is wide open to soaking in everything life has to offer. She revels in her blended world, delivering a fresh and dynamic collection of reimagined east and southeast asian music and original, western-style songs.

Park advocates the value of taking your time and allowing space for conversations, laughter and reflections. The "journey" she proposes could be having a face to face conversation with a friend, sharing a good meal, listening to stories through music and art or appreciating the natural world that surrounds us. Musically the new album is bright, rich and eclectic. It has the warmth of familiarity and the curiosity of something foreign. You can hear Park's maturity in the comfort of her delivery and can feel herself knowing through her lyrics, warm voice and her feisty fiddle and bold trumpet. She welcomes us in with her accessible style, and then guides us far beyond our borders with her confidence. There are no limits in Park's universe and no restrictions in her musical choices. She thrives here as a connector, gathering friends from all over the world to deliver a truly original sound through her evolved perspective.

The album is also a celebration of collaboration. The concept for the project came from artist Kristiana Parn, her artistic collaborator on her first album *Rabbit Days and Dumplings*. Upon seeing Parn's art, and the magical worlds she creates through image, Park was propelled to create a musical journey to go alongside them. Each song is a musical partnership featuring musicians and dear friends from Korea, Cambodia, Indonesia, Japan, China, Mexico and the US. Park treasures the opportunity to learn songs from her friends, and to bring them into new songs of her own. Guests on the album include Grammy winner Dan Zanes, Elizabeth Mitchell, Sonia De Los Santos, composer Angélica Negrón, acclaimed Indonesian vocalist Peni Candra Rini, Korean gayageum player extraordinaire Kyungso Park, Cambodian vocalist Yorn Young, Korean piri/saenghwang player Gamin and jazz vocalist Annie Chen.

"Through my work life, I am constantly reminded that we are a global family, connected so deeply through our shared humanity. We are social beings who love to share songs

and stories. No matter what country or part of the world you live in, the songs that have been passed down for generations tell us something about ourselves, about what we hold dear and what we value. Now more than ever, we recognize just how globally connected we are. We depend on one another for our health and well-being, for our inspiration and joy. We lift each other up and touch each other's lives. I feel so fortunate to be able to make connections with people around the world through music, and to build friendships and collaborations with people through song. It is a privilege that I hope to share with as many people as I possibly can. That is my hope for this album and these songs."

Unhurried Journey was produced by Elena Moon Park and Rob Friedman and recorded, mixed and mastered by Rob Friedman at littlelife studios and David studios, NYC. The website for *Unhurried Journey* is a gallery dedicated to the collection, sharing the artwork that inspired each song as well as the lyrics in original languages, translations of songs, stories, videos and more. Park will be continuously adding content including activities for kids and adults to accompany each song, information on the artists from around the world and more. Visit unhurriedjourneymusic.com for more.

ABOUT ELENA MOON PARK:

Elena Moon Park is a musician and educator living in Brooklyn, NY. She is a co-Artistic Director of the Brooklyn-based organization Found Sound Nation, which uses collaborative music creation to connect people across cultural divides, and is an active freelance multi-instrumentalist in NYC, specializing in family music and contemporary classical music. Originally from Oak Ridge, TN, she studied anthropology and ethnomusicology at Northwestern University and completed her M.A. in Urban Policy from The New School in New York. Shortly after moving to NYC, Elena began performing and touring the world with the all-ages folk rock band Dan Zanes and Friends, singing and playing violin, trumpet, mandolin, jarana, spoons, and musical saw. In 2012, Elena released Rabbit Days and Dumplings, her debut album for families featuring folk and children's music from East Asia. She continues to perform and tour with all-ages musicians Sonia De Los Santos and Dan Zanes, and leads her own all-ages folk rock band, Elena Moon Park and Friends. A second all-ages album is coming soon. https://www.elenamoonpark.com/

TRACKLISTING

- 1. Brilliant New Idea
- 2. Flower Dance (feat. Yorn Young)
- 3. Unhurried Journey (feat. Elizabeth Mitchell)
- 4. Sae Taryeong (Song of the Birds) (feat. Kyungso Park & Gamin)
- 5. Ito Maki (feat. Akiko Hiroshima)
- 6. Dia Mal Ka (Foot on Tar)
- 7. Flying Starfish
- 8. Interlude

- Springtime in my Hometown (feat. Kyungso Park & Gamin)
- Let It Come and Go (feat. Dan Zanes, Claudia Zanes, & Sonia De Los Santos)
- 11. Musikaru Ride to the Mountain
- 12. Pong Dang Pong Dang (feat. Dan Zanes & Barbara Brousal)
- 13. Hanagasa Ondo(feat. Akiko Hiroshima & Sumie Kaneko)

14. Gong Xi Gong Xi (feat. Annie Chen)

15. Underneath the Marshmallow Tree16. Counting the Waves / Kupu Kuwi (feat. Peni Candra Rini)

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